

## PROTECT YOURSELF AND YOUR LOVED ONES WITH THE LIVING WELL SERVICE THIS AUTUMN

The Living Well Service supports our communities to live well through:













If you would like to visit the Living Well Service, you can drop in at the time listed below:

**Sutton Leisure Centre**: Saturday 5th October & Saturday 16th November

Tesco Earlestown: Friday 11th October & Friday 1st November

Church Street, Town Centre: Monday 18th November

Newton- Le -Willows Health & Fitness Centre: Wednesday 23rd October & Thursday 7th November

Queens Park Health and Fitness Centre: Thursday 28th November



Learn more about the Living Well Service at: <u>www.cwp.nhs.uk/livingwellservice</u>