



When new asylum seekers arrive at the Bike Shed for the first time they are usually quite anxious about what they will find or be expected to do. Once we have matched them to a bike to renovate, the work starts with gentle guidance (& lots of elbow grease!) and very soon they become completely absorbed in the task of “fixing” their bike. As the weeks progress they develop good, sometimes new, technical skills, become much more fluent in their communication and also discover ‘teamwork’ - and all the benefits that come from being part of a team that can offer endless advice on renovation problems and great personal support in the doing!



St Helens Pedal Power then comes into it's own right as a great place for these guys to go and learn the basics of good, safe cycling, with all the benefits of a smashing group of people to share it with - how good is that!!

Peter 

Charity Registration Application No:5149672

Number of bikes fixed and given away so far in 2019

102!

The best part for me is most often when I am privileged to see the look of sheer joy and surprise on their faces when they mount their new bike for their first ‘test run’!

The hours of work, often in very wet and draughty conditions, all fall away to be replaced by the wonder of pedalling their very own bike, under their own steam.

